



Plan Summary  
(Teacher's use)

Starting Song	<ul style="list-style-type: none"><li>• Just like in previous cycles, the Starting Song is the moment for preparation of the Vivadi class. There are different proposals to carry out this activity to strengthen the pedagogic use of the use.</li></ul>
Harmony Time 1.0	<ul style="list-style-type: none"><li>• To exercise the connection of the body with the air flow.</li><li>• To connect with the classmates' energy.</li></ul>
Popcorn Time	<ul style="list-style-type: none"><li>• G1-G2: For students to visually see the stories they read through animation, a narrator and music.</li><li>• G3-G4-G5: For students to visually see places/people/food from the countries they are learning about</li></ul>
Harmony Time 2.0	<ul style="list-style-type: none"><li>• To "clean the house": the objective is to go through the main articulations of the body and renew those joints with some simple exercises that will refresh the energy.</li></ul>
Storytelling	<ul style="list-style-type: none"><li>• For students to read iconic stories from the countries they are learning about.</li></ul>
Harmony Time 3.0	<ul style="list-style-type: none"><li>• To continue and finish the "cleaning of the house" started in Harmony Time 2.0</li></ul>
Move Your Hips	<ul style="list-style-type: none"><li>• For students to learn about the countries through their national dances</li></ul>
Ending Song	<ul style="list-style-type: none"><li>• To end the class in the same way it started.</li><li>• That children take responsibility for ordering their learning space and to make them feel owners of it.</li></ul>